

The Rhythm of Life...

DRUMS



paste a picture here,
of you
playing your drum

- You use your drum to help express yourself through rhythm.
- You use it for expressing similar celebration traditions in a Drum Circle

Drum Circles:

- A group of people playing (usually) hand drums and percussion in a circle.
- A Special Place where others gather in peace and harmony to drum, dance or just listen.
- There are many different types and reasons for having a Drum Circle.
- A tradition that is common in many different cultures.

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When and where do you like to play your drum?

How do you feel when you are drumming?

Do you drum differently when you feel sad or happy?

And how do you play differently (if you do)?

Date: _____